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Identification of clinical phenotypes associated with poor prognosis in patients with nonalcoholic fatty liver disease via unsupervised machine learning

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Key words

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Abstract

Background and Aims: Both fibrosis status and body weight are important for assessing prognosis in nonalcoholic fatty liver disease (NAFLD). The aim of this study was to identify population clusters for specific clinical outcomes based on fibrosis-4 (FIB-4) index and body mass index (BMI) using an unsupervised machine learning method.

Methods: We conducted a multicenter study of 1335 biopsy-proven NAFLD patients from Japan. Using the Gaussian mixture model to divide the cohort into clusters based on FIB-4 index and BMI, we investigated prognosis for these clusters.

Results: The cohort consisted of 223 cases (16.0%) with advanced fibrosis (F3–4) as assessed from liver biopsy. Median values of BMI and FIB-4 index were 27.3 kg/m² and 1.67. The patients were divided into four clusters by Bayesian information criterion, and all-cause mortality was highest in cluster d, followed by cluster b ($P = 0.001$). Regarding the characteristics of each cluster, clusters d and b presented a high FIB-4 index (median 5.23 and 2.23), cluster a presented the lowest FIB-4 index (median 0.78), and cluster c was associated with moderate FIB-4 level (median 1.30) and highest BMI (median 34.3 kg/m²). Clusters a and c had lower mortality rates than clusters b and d. However, all-cause of death in clusters a and c was unrelated to liver disease.

Conclusions: Our clustering approach found that the FIB-4 index is an important predictor of mortality in NAFLD patients regardless of BMI. Additionally, non-liver-related diseases were identified as the causes of death in NAFLD patients with low FIB-4 index.

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Introduction

Nonalcoholic fatty liver disease (NAFLD) is the leading cause of chronic liver disease, involving 25% of the general population.¹ The prevalence of NAFLD is projected to increase even further in the coming years, mainly because of the rising prevalence of obesity and metabolic syndrome.² Multiple factors contribute to the progression of the disease onto its active necro-inflammatory form, termed nonalcoholic steatohepatitis. NAFLD can eventually progress to advanced fibrosis and cirrhosis, and even hepatocellular carcinoma (HCC) in a subset of patients.³ Liver fibrosis has been identified as the most important factor associated with overall and liver-related mortality in NAFLD.^{4–7}

Liver biopsy currently remains the gold standard for evaluating fibrosis stage in NAFLD. However, this procedure is associated with sampling errors in pathological assessment, high cost, and (although rare) risks associated with the procedure, such as hemorrhage.^{8,9} To predict liver fibrosis in NAFLD, various noninvasive tests (NITs) have been developed, such as serum markers and imaging for measuring liver stiffness.^{10,11} Of these, the fibrosis-4 (FIB-4) index and NAFLD fibrosis score (NFS) are mostly used to exclude and predict advanced fibrosis in NAFLD. These two NITs have been recommended for clinical application by the American Association for the Study of Liver Disease (AASLD) and by the European Association for the Study of the Liver (EASL) to rule out or rule in high-risk NAFLD patients with advanced fibrosis.^{3,12} Very recently, a multicenter study showed that the FIB-4 index carries significantly higher predictive power for advanced fibrosis (F3–4) compared with NFS and Hepamet fibrosis score in 1489 biopsy-proven NAFLD patients from Asia.¹³ Additionally, Boursier et al. reported that the FIB-4, as well as transient elastography, can stratify the risk of liver-related complications in 1057 patients with NAFLD.¹⁴

NAFLD is generally associated with obesity and insulin resistance¹⁵; however, it has also been reported in lean individuals as “lean NAFLD.”^{16–18} Previous study showed that lean NAFLD, despite the absence of obesity, presented similar cardiovascular disease (CVD) and cancer-related mortality to that observed in obese NAFLD individuals and increased all-cause mortality risk.¹⁹ Thus, when assessing prognosis of NAFLD, it is necessary to take into account not only the stage of fibrosis but also body weight.

Recently, machine learning methods have received increasing attention because of technical advances. Unsupervised machine learning methods, such as Gaussian mixture models (GMMs), can be used to identify potential clusters or phenotypes, allowing objective clustering analysis without the bias introduced by analysts.²⁰ In this study, we used GMM to reveal potential clusters of the FIB-4 and body mass index (BMI) within a large multicenter cohort dataset of biopsy-proven NAFLD and investigated the outcomes associated with the different clusters.

Methods

Patient selection. In the current study, we used a database from the Japan Study Group of NAFLD (JSG-NAFLD), a multicenter longitudinal cohort study (CLIONE, Clinical Outcome Non-alcoholic Fatty Liver Disease). Data were collected from 15 hepatology centers in Japan and compiled using electronic data capture tools (REDCap). The resulting database collects clinical and pathological findings from 1398 NAFLD patients who were diagnosed by liver biopsy between December 1994 and December 2020. In our study, 63 patients were excluded because of the following reasons: (i) no data for either FIB-4 index or BMI, $n = 4$; (ii) follow-up duration of less than 6 months, $n = 59$. We analyzed data from the remaining 1335 biopsy-proven NAFLD patients. The study protocol was carried out in accordance with the 1975 Declaration of Helsinki. It was approved by the Institutional Review Board at Saga University Hospital (approval no. 2020-04-R-02) and at each participating study center.

NAFLD diagnosis and assessment of pathology. We diagnosed NAFLD based on the AASLD guidelines.³ Briefly, we confirmed the following: (i) the presence of hepatic steatosis observed via imaging; (ii) the absence of excessive alcohol use (ethanol intake of <30 g per day for men and <20 g per day for women); (iii) no other cause of fatty liver such as drugs; and (iv) no other causes of chronic liver disease, such as viral infection (hepatitis B or C virus), primary biliary cholangitis, or autoimmune hepatitis.

Percutaneous liver biopsy was performed with a 16–17-G needle under ultrasonographic guidance. The liver biopsy specimens were immediately fixed in 10% formalin and embedded in paraffin. An experienced pathologist (S.A.), specialized in NAFLD, evaluated the specimens at Saga University. Pathological evaluations were carried out without knowledge of clinical data. NAFLD was defined as the presence of $\geq 5\%$ hepatic steatosis based on the criteria set out by Kleiner et al.²¹ The severity of hepatic inflammatory grade and fibrosis stage were scored on the basis of the scale proposed by Brunt et al.²² (Supporting Information).

Follow-up and outcomes. The start of follow-up was defined as the date on which liver biopsy was carried out. Monitoring of clinical events was performed every 3–12 months until the last visit, death, or liver transplantation using imaging and/or blood tests. Specialists at each hospital reviewed causes of death from medical records. If a patient dies after being transferred to another hospital, the outcome was informed to the original hospital as much as possible. The diagnosis of HCC was based on imaging characteristics specified by the guidelines of the AASLD.²³ Death

due to liver failure other than HCC was classified as jaundice, hepatic encephalopathy, esophageal or gastric varices, and ascites accompanied by liver cirrhosis. The definition of CVD in this study involved myocardial infarction, angina pectoris, stroke, abdominal aortic aneurysm, and congestive heart failure.

Clustering by the Gaussian mixture model. The aim of our clustering method was to divide patients into subgroups using GMM. We used the FIB-4 index and BMI as clustering inputs for the GMM. First, we used the Bayesian information criterion (BIC) to assess the best clustering number. With the most appropriate model and cluster number, we calculated the GMM (model selection: VVV, which is ellipsoidal, varying volume, shape, and orientation).

Statistical analysis. Continuous variables were expressed as medians (interquartile range). Categorical variables were expressed as numbers (percentages). We used the chi-square test to compare categorical variables and the Kruskal–Wallis test to compare continuous variables between groups. An actuarial analysis of overall survival (OS) was performed using the Kaplan–Meier method. Differences across groups were compared using a log-rank test. The incidence of liver-related versus non-liver-related death was estimated using the cumulative incidence method and compared using Gray’s test, because these events were competing risk factors. Cox proportional hazard models were used to estimate the hazard ratio (HR) and associated 95% confidence interval (CI). The FIB-4 index and NFS were calculated based on the previous reports^{24,25} (Supporting Information). We relied on previous reports to set FIB-4 and BMI cutoff values for Kaplan–Meier curves applied to our Asian sample.^{26,27} The R package “mclust” was used for GMM analysis.²⁰ For all tests, statistical significance was set at $P < 0.05$. We used R (version 4.1.2, R foundation for Statistical Computing, Vienna, Austria; <http://www.R-project.org/>) for all statistical analyses.

Results

Baseline characteristics across entire sample of patients. Table 1 lists baseline characteristics across the 1335 patients included in this study. Median age was 57.0 years with a predominance of women (57.2%). Of these cases, 36.5%, 42.1%, and 57.8% had type2 diabetes mellitus, hypertension, and dyslipidemia, respectively. Median values of BMI and FIB-4 index were 27.3 kg/m² and 1.67. Regarding the degree of liver fibrosis, 595 cases (44.6%) presented significant fibrosis (F2–4), and 223 cases (16.0%) had advanced fibrosis (F3–4) on liver biopsy. The median follow-up period was 4.9 years (range 0.5–21.6).

Overall survival rate by FIB-4 index and BMI. During the follow-up period, 46 patients (3.4%) died because of liver-related ($n = 17$, 37.0%) and non-liver-related diseases ($n = 29$, 63.0%). Detailed information on the causes of death is listed in Supplementary Table. In cases of liver-related death, eight were caused by HCC and nine by liver failure. Deaths caused by non-liver-related diseases involved 15 malignancies (mainly gastrointestinal cancers other than HCC), three infections, four

Table 1 Patient characteristics of the overall cohort

Factors		$n = 1335$
Age	(years)	57 [45, 65]
Sex	Female	764 (57.2)
	Male	571 (42.8)
Type2 diabetes	Presence (%)	487 (36.5)
Hypertension	Presence (%)	561 (42.1)
Dyslipidemia	Presence (%)	772 (57.8)
BMI	(kg/m ²)	27.3 [24.8, 30.6]
AST	(U/L)	52 [36, 75]
ALT	(U/L)	73 [47, 110]
GGT	(U/L)	60 [40, 99]
Platelet counts	(10 ⁹ /L)	213 [173, 262]
FIB-4 index		1.67 [0.90, 2.60]
Pathological findings		
Steatosis	0	8 (0.6)
	1	946 (70.9)
	2	252 (18.9)
	3	129 (9.7)
Activity	0	66 (4.9)
	1	841 (63.0)
	2	347 (26.0)
	3	81 (6.1)
Fibrosis	0	225 (16.9)
	1	515 (38.6)
	2	382 (28.6)
	3	189 (14.2)
	4	24 (1.8)
Observation time*	(years)	4.9 [0.5–21.6]
Liver-related death	Presence (%)	17 (1.3)
Non-liver-related death	Presence (%)	29 (2.2)

Values are expressed as median (first to third interquartiles), *median (range), and number (%).

ALT, alanine transaminase; AST, aspartate aminotransferase; BMI, body mass index; FIB-4, fibrosis-4; GGT, gamma glutamyl transferase; NFS, NAFLD fibrosis score.

CVD, and seven others. As a first step in the analysis, we examined whether FIB-4 index and BMI could predict the prognosis of NAFLD patients using previously established cutoff values. Figures Figure S1 and S2 show cumulative OS for FIB-4 and BMI, respectively. When patients were categorized based on low and high cutoff points of FIB-4 index as <1.3 (low, $n = 550$), $1.3–2.67$ (intermediate, $n = 459$), and ≥ 2.67 (high, $n = 326$), higher FIB-4 index values were associated with significantly lower OS rates ($P < 0.0001$) (Fig. S1). Conversely, when subdividing the cohort by BMI based on World Health Organization (WHO) criteria for the Asian population²⁷ where BMI < 23 is classified as lean ($n = 167$), $23–27.5$ as overweight ($n = 523$), and >27.5 as obese ($n = 645$), we found no connection with OS ($P = 0.55$) (Fig. S2).

Clustering by GMM and patient characteristics in each cluster. Next, we performed clustering analysis with GMM, an unsupervised machine learning method, fed with data for FIB-4 index and BMI. First, we determined the appropriate number of clusters via a BIC plot (Fig. S3) to be four. On the basis

of this result, we classified our cohort into four clusters: “a” ($n = 465$), “b” ($n = 631$), “c” ($n = 126$), and “d” ($n = 113$). Cluster distributions are shown in Figure 1.

Table 2 details patient characteristics for each cluster. The FIB-4 index of cluster d was the highest (median 5.23), followed by cluster b (median 2.23). While almost all cases in cluster d (99.1%) had a high FIB-4 index (>2.67), the FIB-4 index for cluster a was <1.3 (Table 2 and Fig. S4). Consistent with the distribution of FIB-4, the rate of advanced fibrosis (F3–4) was highest in group d (54.9%), followed by group b (20.1%). For BMI, obese patients ($\text{BMI} > 27.5 \text{ kg/m}^2$) were most prevalent in cluster c (95.2%), while cluster b showed the lowest BMI (median 26.1 kg/m^2).

Outcomes by clusters. Figure 2 shows that OS differed significantly across clusters ($P < 0.0001$). When each cluster was assessed separately, cluster d had the poorest prognosis, followed by cluster b. A forest plot for survival with cox hazard models adjusted by sex showed the highest HR in cluster d (HR 12.4, 95% CI: 4.85–31.6), followed by cluster b (HR 3.2, 95% CI: 1.43–7.2) against the reference cluster a. However, there was no significant difference between clusters a and c with respect to HR (Fig. 3). Interestingly, all causes of death in clusters a and c with lower FIB-4 index were non-liver-related events (Table 2). Conversely, the main cause of death in cluster d with the highest FIB-4 was liver-related death (72.7%). Liver-related and non-liver-related death in cluster b, which presented the second highest FIB-4 and the lowest BMI, were 36.0% ($n = 9$) and 64.0% ($n = 16$), respectively. Finally, we investigated liver- versus non-liver-related mortality by clusters with Gray’s test (Fig. S5). We found significant differences for the occurrence of liver-related mortality ($P < 0.0001$), but mortality rates due to non-liver-related diseases did not differ across clusters ($P = 0.48$).

Discussion

In our multicenter cohort of 1335 biopsy-proven NAFLD patients in Japan, we aimed to reveal the potential clusters combining FIB-4 index and BMI using machine learning models and to assess

the characteristics and prognosis of each cluster. Our results demonstrated that the cluster with highest FIB-4 index (median 5.23) and moderate BMI (median 28.9 kg/m^2), which we named d, showed the poorest prognosis, followed by cluster b with the second highest FIB-4 (median 2.23) and lowest BMI (median 26.1 kg/m^2). In contrast, clusters a with lowest FIB-4 (median 0.78), and cluster c with moderate FIB-4 levels (median 1.30) and highest BMI (median 34.3 kg/m^2), presented lower mortality rates than clusters b and d. Furthermore, all deaths in clusters a and c were caused by non-liver-related diseases. Using a clustering approach, we therefore revealed that the FIB-4 index, an established fibrosis marker, is an important factor for predicting the occurrence of liver-related events in NAFLD, regardless of BMI. Our analysis further indicates that, in the case of NAFLD patients with low FIB-4 index, preventive screening should focus on non-liver-related diseases, rather than liver-related ones.

In the present study, liver fibrosis progression with high FIB-4 levels was more strongly associated with liver-related mortality as opposed to non-liver-related mortality. Younes et al. reported that, while various NITs (such as FIB-4 index and NFS) can predict long-term outcomes caused by liver-related complications and death, all NITs showed limited performance for extrahepatic events.²⁸ Additionally, a previous study in biopsy-proven NAFLD patients from Japan reported that the FIB-4 index carried limited potential for predicting the development of extrahepatic malignancies or CVD.²⁹ Using magnetic resonance elastography, Tamaki et al. reported that CVD events were more common in the minimal or moderate-to-advanced fibrosis stage than in the cirrhosis stage.³⁰ Considering these reports and our own results, we conclude that screening for liver-related diseases should be carried out in populations with a higher FIB-4 index, such as clusters b and d, while extrahepatic malignancies and CVD development should be monitored in populations with a low FIB-4 index, such as clusters a and c.

In addition to fibrosis state, BMI is also known to be an important component in examining the prognosis of NAFLD. In particular, the incidence of lean NAFLD with normal weight in Asia is higher than in Europe and in the United States.^{17,18,31} A recent meta-analysis in Japan using data from 14 887 individuals

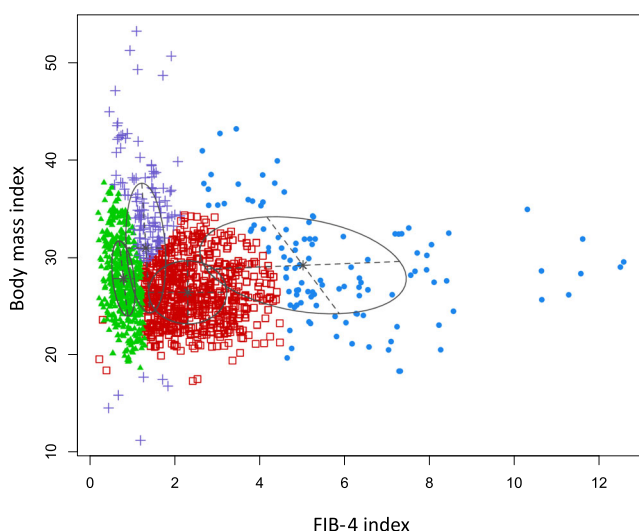


Figure 1 Scatter plot of estimated mixture densities for each cluster. FIB-4, fibrosis-4. Cluster a, green; cluster b, red; cluster c, purple; cluster d blue.

Table 2 Patient characteristics by each cluster

Cluster	a (n = 465)	b (n = 631)	c (n = 126)	d (n = 113)	P-value
Age (years)	44 [35, 52]	63 [57, 69]	49 [40, 57]	66 [62, 72]	<0.001
Male	267 (57.4)	212 (33.6)	57 (45.2)	35 (31.0)	<0.001
BMI (kg/m ²)	27.6 [25.2, 30.3]	26.1 [24.1, 28.5]	34.3 [31.9, 37.7]	28.9 [26.1, 32.5]	<0.001
Lean	49 (10.5)	100 (15.8)	6 (4.8)	12 (10.6)	<0.001
Overweight	181 (38.9)	308 (48.8)	0 (0.0)	34 (30.1)	
Obese	235 (50.5)	223 (35.3)	120 (95.2)	67 (59.3)	
FIB-4 index	0.78 [0.57, 0.98]	2.23 [1.75, 2.95]	1.30 [1.12, 1.56]	5.23 [4.62, 7.09]	<0.001
<1.3	465 (100.0)	23 (3.7)	61 (48.8)	0 (0.0)	<0.001
1.3–2.67	0 (0.0)	393 (62.4)	64 (51.2)	1 (0.9)	
>2.67	0 (0.0)	214 (34.0)	0 (0.0)	112 (99.1)	
Fibrosis stage					<0.001
0	159 (34.2)	54 (8.6)	10 (7.9)	2 (1.8)	
1	230 (49.5)	228 (36.1)	41 (32.5)	16 (14.2)	
2	70 (15.1)	222 (35.2)	57 (45.2)	33 (29.2)	
3	6 (1.3)	118 (18.7)	16 (12.7)	49 (43.4)	
4	0 (0.0)	9 (1.4)	2 (1.6)	13 (11.5)	
Advanced fibrosis (≥F3)	6 (1.3)	127 (20.1)	18 (14.3)	62 (54.9)	<0.001
All death	8 (1.7)	25 (4.0)	2 (1.6)	11 (9.7)	
Liver-related death	0 (0.0)	9 (36.0)	0 (0.0)	8 (72.7)	
Non-liver-related death	8 (100.0)	16 (64.0)	2 (100.0)	3 (27.3)	
Observation time (years)*	6.2 [0.5–21.6]	6.6 [0.5–21.1]	4.1 [0.5–16.2]	3.9 [0.5–17.1]	<0.001

Values are expressed as median (first to third interquartiles), *median (range), and number (%).

BMI, body mass index; FIB-4, fibrosis-4.

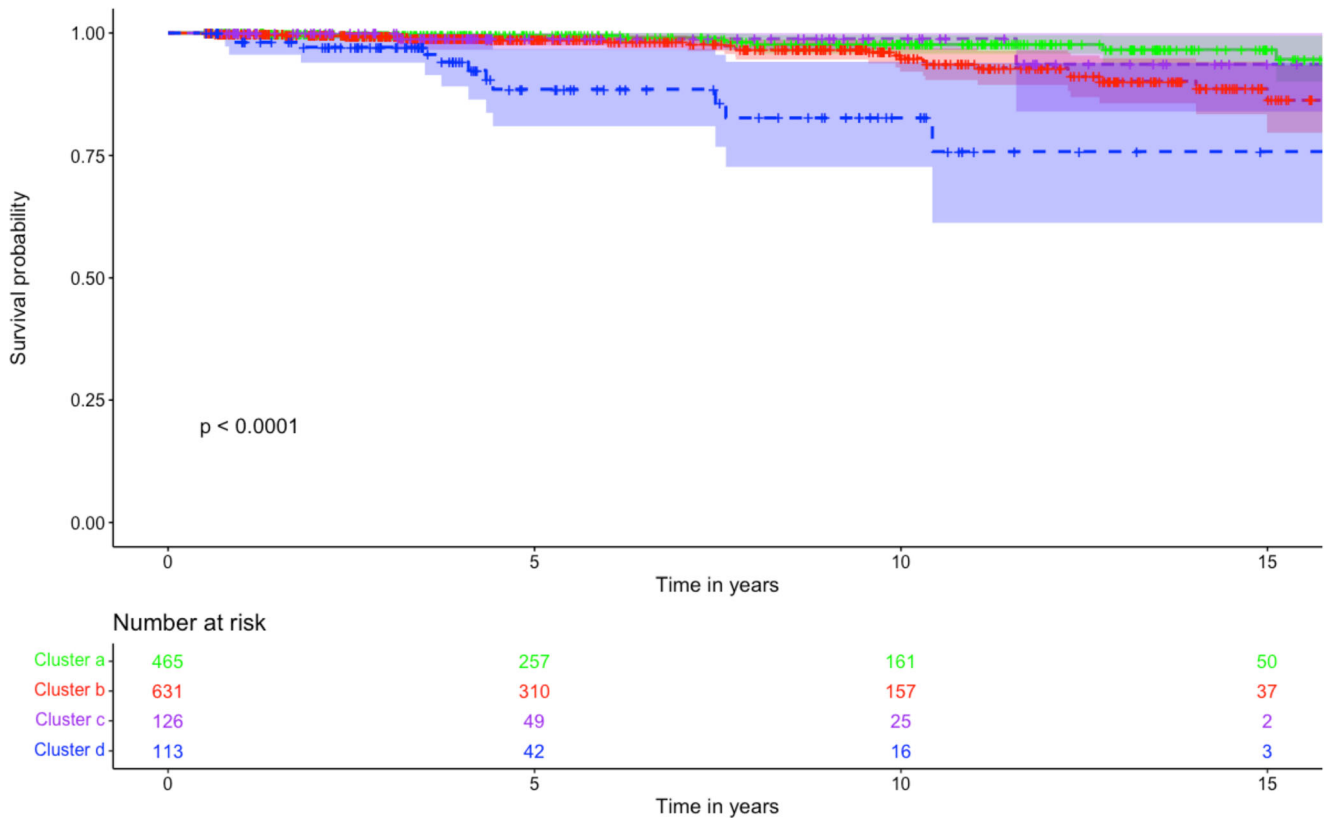


Figure 2 Kaplan–Meier plots of overall survival for different clusters. Among these clusters, there was a significant difference on survival ($P < 0.0001$). Cluster d had the poorest prognosis, followed by cluster b. —, Cluster a; —, Cluster b; —, Cluster c; —, Cluster d.

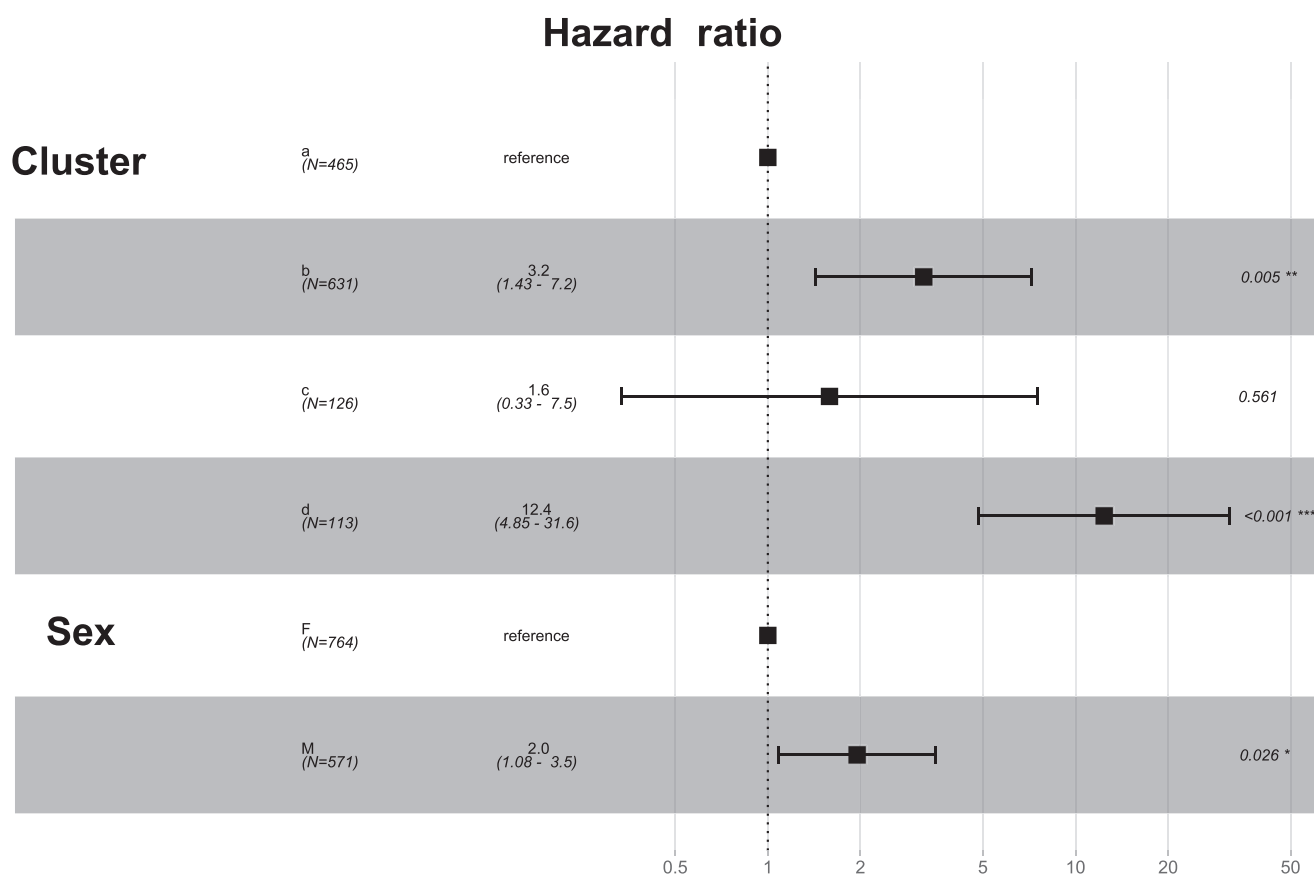


Figure 3 Forest plot of multivariate Cox hazard models for overall survival. Cluster d showed the highest hazard ratio (HR), followed by cluster b against the reference cluster a. However, there was no significant difference on HR between clusters a and c.

demonstrated that lean NAFLD (BMI < 23 kg/m²) accounts for 20.7% of all NAFLD cases, with higher all-cause mortality compared with non-lean NAFLD. In relation to specific causes of death, this study revealed high rates of liver-related deaths within the non-lean group, while mortality within the lean NAFLD group was mostly caused by non-liver-related diseases.¹⁶ Consistent with these results, Ahmed et al. previously reported that, in comparison with obese NAFLD, NAFLD with normal BMI (<25 kg/m²) was associated with a trend toward milder liver disease progression but similar risk of CVD and malignancies and worse survival. Their study was based on the analysis of 4834 NAFLD patients from Minnesota (USA) and used a medical record linkage system.³² Our results do not show that the lean state leads to significantly poorer prognosis; however, this apparent discrepancy may be due to differences in diagnostic methods (such as ultrasound vs biopsy). Furthermore, lean NAFLD is related to aging, genetic factors such as non-synonymous single nucleotide polymorphisms of the patatin-like phospholipase 3 rs738409,³³ the presence of sarcopenic visceral obesity,³⁴ and changes in intestinal microbiota.³⁵ Future studies will need to take these factors into account for the subclassification of lean NAFLD by risk for mortality.

Although both the FIB-4 index and BMI are continuous variables, most previous studies have used reported cutoff values

for examining prognosis.^{14,27,29} However, the optimal cutoff values of the NITs for the diagnosis of advanced fibrosis in NAFLD are still being debated. Indeed, the previously published cutoff values show different results for predictive abilities, which brings into question their generalizability to clinical applications in primary care.¹⁰ In particular, the FIB-4 index is strongly influenced by age and metabolic factors,^{13,36} and its diagnostic ability and suitable cutoff values may require individualized adjustment. For the lean or obese state, the definition based on the WHO criteria for BMI is generally used, but these cutoff values also vary between populations in Asia and the West.²⁷ Clustering analysis using GMM is more objective because it supports classification of FIB-4 index and BMI as continuous variables without potentially biased intervention.²⁰ Unsupervised machine learning methods can detect potential phenotypes by including multiple inputs, such as FIB-4 and BMI in our study. Therefore, our study identified a possible clinical picture that aligns with the picture engaged by clinicians when treating patients. GMM is a powerful method that was also able to expose potential phenotypes within an observational cohort from a previous report.^{37,38} GMM is a powerful tool for phenotyping patients into interpretable groups on a study-by-study basis with different analyses and factors.

Our study presents several strengths. To the best of our knowledge, this is the first report investigating the prognosis of NAFLD

with the combined parameters of FIB-4 index and BMI using machine learning methods. Machine learning methods, especially unsupervised clustering analyses, can discover more homogeneous phenotypes from heterogeneous datasets.³⁹ Furthermore, our study was based on a large NAFLD dataset with pathological findings diagnosed by an experienced liver pathologist.

Our study also presents some limitations. First, it only includes patients from Japan, so our results may not generalize to patients in other regions and/or belonging to different racial/ethnic groups. Second, the recommendation of a liver biopsy for NAFLD patients was at the discretion of their treating physicians, which can lead to patient selection bias in our study. Actually, our study included 213 cases (16.0%) with advanced fibrosis (F3–4), and the prevalence of cases with fibrosis may be higher than that in the general population. Tada *et al.* previously reported that most deaths of NAFLD patients from Japan diagnosed with ultrasonography are caused by non-liver-related events.⁴⁰ Therefore, our results on the cause of death differ from those in the general population. However, we believe that our results have a clinical impact to follow-up NAFLD patients in the secondary and tertiary referral hospitals. Lastly, while our study includes a large cohort of over 1300 patients, the follow-up period was relatively short (median 4.9 years).

Conclusion

We used an unsupervised machine learning method to cluster patients using the FIB-4 index and BMI. This approach was able to predict prognosis in biopsy-proven Asian NAFLD patients. In cases with advanced fibrosis like clusters b and d, surveillance for liver-related diseases is needed. On the other hand, non-liver-related diseases consisted the causes of death in patients with low FIB-4 index, such as clusters a and c, though the number of deaths was small (under $n = 10$). For the subgroup with low FIB-4, it may be unnecessary to follow up for liver-related diseases strictly. In addition, the present study found that the prognosis for NAFLD is similar between lean and obese patients. Further large-scale studies with longer follow-up periods that include both Asian and Western populations are needed to validate our results, possibly using the same or similar machine learning methods.

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Ethical approval

This study was conducted in accordance with the tenets of the Declaration of Helsinki and approved by the Institutional Review Board of Saga University Hospital (approval no. 2020-04-R-02) and at each participating study center. Informed consent for this study was obtained from the website of each participating study center.

Data availability statement. The data that support the findings of this study are available from the corresponding author

upon reasonable request. The data are not publicly available due to privacy or ethical restrictions.

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Supporting information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

Figure S1. Kaplan–Meier plots of overall survival by fibrosis-4 (FIB-4) index. FIB-4 index <1.3 was labelled as low (n = 550), 1.3–2.67 as intermediate (n = 459), and ≥2.67 as high (n = 326).

Figure S2. Kaplan–Meier plots of overall survival by body mass index (BMI). BMI < 23 was defined as lean (n = 167), 23–27.5 as overweight (n = 523), and >27.5 as obese (n = 645) based on World Health Organization (WHO) criteria for the Asian population.

Figure S3. Plot of the Bayesian information criterion (BIC). VVV, ellipsoidal, varying volume, shape and orientation.

Figure S4. Tukey box plot. Baseline fibrosis-4 (FIB-4) index and body mass index (BMI) of each cluster.

Figure S5. Cumulative incidence rates of liver-related death and non-liver-related death for different clusters.